ISDS 2024 TAIWAN
Precongress Tour
-September
9th~11th
2024
Alishan Forest Recreation Area
Sunmoon Lake
3D2N
Day 1  09/09 (Monday)

08:30  Departure/TAIPEI STATION or HOTEL
12:00-12:50 Lunch: CHIA-YI Restaurant  東園軒園林餐廳
15:00-16:30 Erwanping Trail  二萬平步道(樹抱石奇景)
16:50  Alishan transfer station take hotel shuttle bus to Hotel(Alishan hotel)
18:00  Dinner in hotel(buffet dinner)
The Alishan Mountain Range is one of the Top Five Mountain Ranges in Taiwan. Alishan (Ali Mountain) is not just a mountain, but the name for the entire mountain area. Rich in Taiwan Red Cypress and Taiwan Yellow Cypress ever since the ancient times, Alishan became the largest forest area in 1912 until the end of 1960s. The primitive cypress forests almost die out after the logging by the Japanese and the nationalist government. Only some 40 Giant Red Cypress beside the Giant-tree Plant Walk-1 and -2 survived to date for us to remember the majestic forest of Sacred Trees back in the day. “Alishan Sianglin Sacred Tree”, with a height of 45 meters and a circumference of 12.3 meters, approximately 2300 years old, is the tallest of all and a stop visitors to Alishan should never miss.
The Erwanping Trail runs through lush green forests. Soaring Japanese cedar trees tower over it and the trail is therefore referred to as the “Black Forest Trail.” There are two monuments erected along the trail to commemorate the engineers who died in the line of duty when the Alishan Forest Railway was constructed.

The "Tree Embracing Stone" is a millennium-old red cypress. This massive red cypress cradles a huge stone, resembling a nurturing mother. Beside it stands another millennium-old cypress, towering protectively. Together, they are also known as the "Divine Couple Trees".
The Highest Resort Hotel In Taiwan
http://www.alishanhouse.com.tw

Please take a look in the website: https://www.ali-nsa.net/en/
Facebook: https://www.facebook.com/Alishan.nsa
Instagram: https://www.instagram.com/travelalishan/
DAY 2  9/10  (Tuesday)

You can take the hotel shuttle bus to take the Zhushan Sunrise Line to experience the moment closest to the sun!! (reservation required the day before) The estimated sunrise time is 6:00

9:00-10:30  Free time or Alishan Forest Recreation Area
11:00  Hotel check/out
11:30  LUN: Easy lunch at Alishan Transport Station
15:00-16:00  Hohocha Taiwantea Factory
16:30  Hotel check in: Fleur de Chine Hotel  SUN MOON LAKE
   https://www.fleurdechinehotel.com/fdc-en
17:30  Dinner in hotel(buffet dinner)
The Sun Moon Lake National Scenic Area
https://www.sunmoonlake.gov.tw/en

Sun Moon Lake is Taiwan's largest semi-natural lake, shining like an inlaid pearl in the center of Taiwan. At an elevation of 750 meters, it is surrounded by beautiful scenery. Lalu Island (a sacred place of the Thao tribe) marks the boundary between the eastern and western sides, which appear like a solar disk and crescent moon, from which this lake gets its name. Here, dreamlike landscapes of mountains, forest, and water are waiting to be discovered. Due to its plentiful water resources, this is also the site of a hydropower plant. All in all, this is an ecological paradise.
Sun Moon Lake
Taiwan Black Tea
The weather in Yuchi Township is suitable for planting black tea, whose origin can be traced back to the Japanese Rule. Thus, Yuchi Township is known as the home of black tea. One of its black tea variations, “Hong Yu” (meaning “red jade” in Mandarin) - TTES No. 18, represents the fragrance of Taiwan. With a natural aroma of cinnamon and mint, Hong Yu carries an intense, resounding taste, and its tea liquid is in a crystal-clear red color. Moreover, TTES No.21 - also named “Hong Yun” (meaning “red resonance” in Mandarin), is highly popular in recent years. The mellow, fine tea, flowered with the aroma of sweet pomelo and ripe fruits, is another good choice.
The First Hot Spring of Sun Moon Lake
Fleur de Chine Hotel is situated at the north peninsula of the Sun Moon Lake, with a distinctive style in its building structure, creating an aesthetic atmosphere with the integration of nature and simplicity with the surroundings.
DAY 3  9/11 (Wednesday)
Free time in hotel, you can enjoy hotel Facilities & Services or Daily Activity (some charge extra), please check the hotel website https://www.fleurdechinehotel.com/fdc-en

11:00  HOTEL check/out  Lunch by yourself
14:30  BACK TO TAIPEI/TAIPEI STATION
Some Activities provided by the hotel

Please note:
1. Some free of charge, but some items need extra charge.
2. The current activities update to Jun 30, so detail items in Sept. may have some changes.

Glow Life Festival 2024.03.01 至 2024.06.30

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Assembling Location</th>
<th>Rainy Day Alternative</th>
<th>Prices (NT$)</th>
<th>Registration</th>
<th>Description</th>
<th>Age Lim</th>
</tr>
</thead>
<tbody>
<tr>
<td>06:00~07:00</td>
<td>Sunrise at Jin-Long Mountain</td>
<td>3F Lobby</td>
<td>Cancel</td>
<td>NT$880/person</td>
<td>3 person maximum</td>
<td>Enjoy the beautiful sunrise over amazing views of the Jin-Long Mountain.</td>
<td>All ages</td>
</tr>
<tr>
<td>06:40~07:20</td>
<td>Stand Up Paddle</td>
<td>3F Lobby</td>
<td>Cancel</td>
<td>NT$2,000/person</td>
<td>2 person minimum</td>
<td>Enjoy the view of San Moon Lake on the paddle.</td>
<td>Over 6</td>
</tr>
<tr>
<td>06:00~07:00</td>
<td>Morning Stroll</td>
<td>3F Lobby</td>
<td>Free</td>
<td>None</td>
<td>Register before 6pm one day in advance</td>
<td>Strolling along the lakeside trail.</td>
<td>All ages</td>
</tr>
<tr>
<td>07:00~07:30</td>
<td>Board Game &amp; Books rental</td>
<td>Leisure and Recreation Center</td>
<td>As usual</td>
<td>None</td>
<td>Register before 6pm one day in advance</td>
<td>Up to 3 books and 1 board game per room at a time.</td>
<td>All ages</td>
</tr>
<tr>
<td>06:00~07:00</td>
<td>Yoga Class</td>
<td>1F Gym</td>
<td>As usual</td>
<td>None</td>
<td>Register before 6pm one day in advance</td>
<td>Reduce anxiety &amp; stress through yoga practice.</td>
<td>Over 32</td>
</tr>
<tr>
<td>06:00~07:00</td>
<td>Bicycle Rental</td>
<td>3F Leisure and Recreation Center</td>
<td>Cancel</td>
<td>NT$275</td>
<td>Register before 6pm one day in advance</td>
<td>Paddle electric bicycle and bicycle rental, first come, first served.</td>
<td>Over 16</td>
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</tbody>
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Note: We reserve the right to adjust the venue and content of activities. For activity inquiries, please contact 1F Leisure and Recreation Center (ext. 3720).
Precongress Tour Fee:
Two people (one double bedroom) TWD37600 (approx. USD 1170).
One person (one double bedroom) TWD29800 (Approx. USD 930)
Secure the position:

Deposit TWD5000 (approx. 155 USD) per person
Deposit TWD10000 (approx. 310 USD) for two people
Or you can pay whole fee
Travel Agent: Kao-Fu Travel Agent

Contact: Yvonne KAO, Ms. Bess LIN

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